

WHEN SYMPTOMS ARE FAR REMOVED FROM THE CAUSE

This anonymous article describes an important missing link in the healing arts: Viscero-Somatic Reflexes or internal organs to body surface disturbances. This connection can provide both pain relief and healing to many people suffering from persistent pain.

Ruth had suffered from an "irritable colon" syndrome for more than five years. During that period, she had consulted and was treated by three chiropractors, two physicians, an accupuncturist, a dietician and a clinical psychologist. She had submitted to x-rays, blood tests, allergy tests, stool analyses and hypnosis but, in spite of all, she still had her irritable colon until she went to the third chiropractor on the insistence of a friend. In describing her visit to the doctor, she said he first carefully examined her spine and then began palpating her abdomen using the tip of just one finger while explaining that he was searching for small nodules that may have formed deep within the skin or in the muscles of the abdominal wall. Leaving the abdomen,

he then began a similar search along the sides of her thighs "and it is here that he hit pay dirt." she said. "He found a dozen or more spots on each thigh that were really painful when he massaged them. I had no idea that I had all those tender spots." She continued, "Although the doctor treated only a few of the spots on that first visit, I felt so much more relaxed in my abdomen that evening and in the morning, I had the most normal, easy bowel movement I've had for five years." She said that she had a total of six treatments and considers herself completely cured.

In the 1930's a practitioner in France gained world-wide fame as the doctor who could "cure the incurable," and patients came to him from all over the world. His treatment consisted solely of a form of rotary massage over sites where he found "subdermal fibrositic nodules." For these, he searched especially on the scalp, the peristernal regions, the abdominal wall, the lateral aspects of the thighs and the feet.

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Another case known to this writer involves a woman, age 40, who had suffered with an intractable diarrhea for six months. She tried a number of therapeutic approaches but none were successful. Finally, on the urging of a friend, she contacted a physician who had been trained in the Voll method of electro-accupuncture. (Dr.Voll is a medical physician in Germany) After hearing the woman's history and inasmuch as she had not responded to the customary procedures, he immediately inspected her mouth giving special attention to the teeth which Voll had found to have an "energetic relationship" with the colon via the meridian system. On one of the teeth, he found a crack in the enamel though she had never experienced any discomfort in the tooth. The doctor explained that this is likely the cause of her diarrhea and suggested that she see her dentist for appropriate repair. Though she thought this was the silliest thing she had ever heard,

she did see her dentist and the repair was completed and by the following day, the diarrhea had ceased. Another example of the body's "interconnectiveness."

Even the universally recognized laws of viscero-somatic reflexes and referred pain often place the site of the most troublesome symptoms at considerable distance from the real problem, the point of origination of the reflex. A good example is the familiar, obstinate case of torticollis involving the sternocleidomastoideus and/or the upper portion of the trapezius on the left side due to an irritation in the colon in the area of the splenic flexure. This reflex occurs often enough to justify a rule to palpate deeply in the splenic area to elicit possible pain as an indicator of an irritation within the colon. This writer has seen many cases of leftsided "torticollis" relieved only after a colon irrigation or an enema..



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