

Friedman Chiropractic, Inc.



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THE HUB OF HEALING

The present era has led to a rise in chronic diseases that includes cancer, diabetes, asthma, neurological diseases such as Parkinson's, depression and cardiac disorders. The medical system worldwide is overwhelmed with

shortages of medical staff and supplies to meet the demand for help. In the United States,

50% of people over 65 have at least one chronic degenerative disease, and many have multiple comorbidities. An important simple and natural solution to this crisis lies right inside the center of our bodies --- the small intestine.

The small intestine, 5 feet in length, is situated between the stomach and the colon. It is not only the great

absorptive center of nutrients but also has many other important life-giving functions, including calcium-mineral absorption, gall bladder and pancreas function, weight issues, brain function, heart issues, joint health and emotional well-being.

*“All disease begins in
the gut.”
Hippocrates*

The duodenum, the beginning of the small intestine, is part of the gut's “second brain” and has a rich

nerve supply and a high metabolism in order to efficiently absorb essential nutrients. Inflammation of its delicate tube due to dietary toxins, medication issues and mental stress will damage its thin membrane and can cause bloating, gas, constipation, diarrhea, bacterial overgrowth, anemia, calcium loss, gall bladder or pancreas malfunction, IBS, anxiety and depression.

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We invite you to visit our website at www.FriedmanChiro.com

The end result of prolonged inflammation is called “leaky gut,” in which undigested proteins break through its fragile wall and enter the circulation, which then cause swelling and pain where they deposit. Healing the delicate duodenal and small intestine tissues holds the key to vitality and healthy aging.

The steps to restoration involve sealing the intestinal lining and are two-fold:

1. Chiropractic Neurovascular Dynamics (NVD), developed in the 1930’s, is a circulation-promoting method that delivers fresh blood to these injured tissues so the mucous lining can heal.
2. The removal of allergic or toxic foods that are inflammation promoting is also essential.



Pythagorean Center for Natural Healing

A Facility of Friedman Chiropractic Inc.

With the inception of our website, we decided to personalize Friedman Chiropractic, Inc. in honor of a physician-philosopher whose approach to natural healing epitomizes our methods.

His name was Pythagoras.

For more information on this remarkable man, please visit our website.

“All science is simple.”
Albert Einstein

The majority of people often spend the last 10 to 15 years of life increasingly in and out of doctors’ offices with a progression of complex illnesses. Early natural interventions can slow the advancement of chronic degenerative diseases. A program such as outlined above, holds much promise to extend the quality of life as we age, and it also can relieve pressures on the medical system.

Applied Kinesiology...

...is a diagnostic tool using the muscle structure of the body to aid in the examination of a patient. Its use allows immediate feedback aiding the doctor in making decisions on what type of care the patient needs.

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DISCLAIMER

This newsletter is intended to provide health information to improve quality of life and assist users to better understand their health and arrange more easily for healthcare services. It is not an attempt to replace the need to seek healthcare services nor to provide specific healthcare advice. Information provided should not be used to diagnose or dispute a qualified healthcare professional’s judgement. If you have any questions, please give our office a call or check with your local healthcare professional.